CANINE
TRIPLE HEATER CHANNEL: *Hand Shao-Yang*

9pm-11pm

January 2019

**Start point:** TH 1 *On the lateral aspect of the nail bed of the 4th digit of the front foot.*

**End point:** TH 23 *In the depression dorsal to the lateral canthus of the eye, overlying the middle third of the orbital ligament, between the supraorbital (zygomatic) process of the frontal bone and the frontal process of the zygomatic bone.*
**Triple Heater 3**
In the depression on the dorsum of the forefoot, between the 4th and 5th metacarpals, proximal to the metacarpophalangeal joint.

**TCM Indications:** *Shu-Stream, Wood and Tonification/Mother point.* Clears Exterior Wind-Heat and Interior Heat, removes obstructions of the channel, regulates Qi (esp. Liver Qi), and benefits the ear and Mind.

**Western Applications:** Ear problems, headaches, pain along neck and entire forelimb, inability to move digits, carpus, and fever. Depression and mood swings, especially when used with GV 20.

**Innervation:**
Radial nerve
**Triple Heater 5**
In the depression 2 cun proximal to the carpus, on the cranial aspect of the interosseous space between the radius and ulna.

**TCM Indications:** Opening point for the Yang Wei Mai, Coupled point for the Dai Mai, Connecting (Luo) point. Expels Wind Heat, removes obstructions of the channel, subdues Yang (especially Liver Yang), and benefits the ear.

**Western Applications:**
Headaches/pain in the temporal area of the head, temporomandibular joint problems, pain in the neck and entire forelimb, ear problems, and fever.

**Innervation:** Radial Nerve
**Triple Heater 10**
In the depression just proximal to the olecranon, on the midline.

**TCM Indications:** **He-Sea, Earth and Sedation/Son point.** Removes stagnation (especially Liver Qi), resolves Dampness and Phlegm, relaxes tendons, clears Heat, and regulates the Nutritive and Defensive Qi.

**Western Applications:** Headache/pain in the temporal area of the head, pain in the neck and forelimb (especially the elbow area), any swollen/enlarged lymph nodes or glands (especially in the throat/neck area), depression, mood swings, and fevers.

**Innervation:** Ulnar nerve
**Triple Heater 14**
In the depression caudodistal to the acromion, on the caudal margin of the acromial head of the deltoideus m.

**TCM Indications:** Expels Wind and Damp and removes obstructions from the channel

**Western Applications:** Local problems such as shoulder problems, and suprascapular and radial nerve paralysis.

**Innervation:** Axillary & Suprascapular nerves
**Triple Heater 17**
In the depression between the mandible and mastoid process, just ventral to the horizontal ear canal.

**TCM Indications:** Expels Wind and benefits the ear.

**Western Applications:** Ear problems, facial paralysis and trigeminal neuralgia, and pain in the temporomandibular and upper cervical area.

**Innervation:** Greater Auricular (C2 Spinal) Nerve
**Triple Heater 21**
In the depression rostral to the supratragic notch, at the caudal border of the mandible, dorsal to the condyloid process, with mouth open. This point is directly dorsal to SI 19.

**TCM Indications:** Opens the ear and disperses Heat.

**Western Applications:** All ear problems (especially if associated with Rising Liver Yang), and pain in the temporomandibular area.

**Innervation:** CN V (Auriculotemporal nerve) & VII
**Triple Heater 23**
In the depression dorsal to the lateral canthus of the eye, overlying the middle third of the orbital ligament, between the supraorbital (zygomatic) process of the frontal bone and the frontal process of the zygomatic bone.

**TCM Indications**: End point for the Triple Heater. Extinguishes Interior Wind and brightens eyes.

**Western Applications**: Eye problems and facial paralysis.

**Innervation**: CN V & VII