

2026

CIVT/ ATTH Introduction to Chinese Herbal Medicine for Veterinarians
IVAS CE Course Breakdown

Module 1		
Friday, May 15, 2026 with Dr. Nate Heilman		
Time	Title	IVAS CE
8:00 am - 9:00 am	Introduction to one another and Introductory remarks about the course	0
9:15 am - 10:30 am	Chinese Medical Theory: Yin, Yang, Zang Fu Organs and Vital Substances	1.25
10:45 am - 12:00 pm	Chinese Medical Theory: Yin, Yang, Zang Fu Organs and Vital Substances	1.25
12:00 pm - 12:30 pm	Lunch	
12:30 pm - 2:00 pm	Chinese Medical Theory: Yin, Yang, Zang Fu Organs and Vital Substances	1.5
2:15 pm - 3:30 pm	Introduction to the Six Conformations and the Acupuncture Channels	1.25
3:45 pm - 5:00 pm	Introduction to the Six Conformations and the Acupuncture Channels	1.25
5:15 pm - 6:30 pm	Chinese Medical Diagnosis in Veterinary Practice: History Interpretation	1.25
6:45 pm - 8:00 pm	Chinese Medical Diagnosis in Veterinary Practice: Physical Examination (Pulse, Tongue, Point palpation, Acupuncture)	1.25
Saturday, May 16, 2026 with Dr. Nate Heilman		
Time	Title	IVAS CE
8:00 am - 9:00 am	Introduction to Chinese Herbs: Nomenclature, Classification, Preparation, Taste and Function	1
9:15 am - 10:30 am	Qi Tonic Single Herbs	1.25
10:45 am - 12:00 pm	Qi Tonic Herbal Formulas (History, Design and Use)	1.25
12:00 pm - 1:00 pm	Lunch Break	
12:30 pm - 2:00 pm	Correlating acupuncture with herbal prescription: Qi Tonic points and herbs	1.5
2:15 pm - 3:30 pm	Acupuncture, Pulse, Tongue Laboratory: Practice Arriving at a Chinese Medical Diagnosis and Treatment Plan.	1.25
3:45 pm - 5:00 pm	Blood Tonic Herbs (Lab and Lecture; Physical Appearance, Taste, and Function)	1.25
5:15 pm - 6:30 pm	Blood Tonic Herbal Formulas (History, Design and Use)	1.25
6:45 pm - 8:00 pm	Yin Tonic herbs; Physical Appearance, Taste and Function	1.25

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Sunday, May 17 with Dr. Nate Heilman (Online)		
Time	Title	IVAS CE
8:00 am - 9:00 am	Yin Tonic Formulas (History, Design, Use)	1
9:15 am - 10:30 am	Correlating Acupuncture and Herbal Prescription: Blood and Yin influencing channels and points	1.25
10:45 am - 12:00 pm	Chinese Medical Theory: Eight Principle Theory in Clinical Practice	1.25
12:00 pm - 1:00 pm	Lunch	
12:30 pm - 2:00 pm	Acupuncture, Pulse, Tongue Laboratory: Practice at Arriving at a Chinese Medical Diagnosis and Treatment Plan	1.5
2:15 pm - 3:30 pm	Chinese Medical Theory: Six Heavenly Influences and the Six Pathogenic Factors	1.25
3:45 pm - 5:00 pm	Yang Tonic Herbs (Physical Appearance, Taste, and Function)	1.25
5:15 pm - 6:30 pm	Yang Tonic Herbs (History, Design and Use)	1.25
6:45 pm - 8:00 pm	Correlating Acupuncture and Herbal Prescription: Six Conformations Representation of The Large Intestine and L.I. Channel; Closing Remarks for the module; Homework Assignments	1.25
Total for Module 1		29
Module 2		
Wednesday, June 10 with Dr. Nate Heilman and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	
8:30 am - 9:45 am	Review of Module 1, Case Presentations, General Questions	1.25
10:00 am - 11:15 am	Chinese Medical Theory: Physiology of the Spleen, and the Pathophysiology of Dampness accumulation	1.25
11:30 am - 12:30 pm	Diuretic Herbs that Drain Dampness (Physical Appearance, Taste, and Function)	1
12:30 pm - 2:00 pm	Lunch	
2:00 pm - 3:30 pm	Aromatic Herbs that Drain Damp and Expel Wind Damp (Physical Appearance, Taste, and Function)	1.5
3:45 pm - 5:00 pm	Qi Moving and Regulating Herbs (Physical Appearance, Taste and Function)	1.25
5:15 pm - 6:00 pm	Formulas that Drain Damp and Expel Wind (History, Design and Use)	0.75

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Thursday, June 11 with Dr. Nate Heilman and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	
8:00 am - 8:30 am	Breakfast and Visiting	
8:30 am - 9:45 am	Acupuncture, Pulse, Tongue Laboratory: Practice at Arriving at a Chinese Medical Diagnosis and Treatment Plan	1.25
10:00 am - 11:15 am	Qi Moving Formulas (History, Design, Use)	1.25
11:30 am - 12:30 pm	Downward Draining Herbs, and Herbs which Move Downwards (Laxatives) (Physical Appearance, Taste and Function)	1
12:30 pm - 2:00 pm	Lunch	
2:00 pm - 3:15 pm	Formulas that Drain Damp and Expel Wind (History, Design and Use)	1.25
3:30 pm - 4:45 pm	Formulas that Drain Damp and Expel Wind (cont.) (History, Design and Use)	1.25
5:00 pm - 6:00 pm	The Pathophysiology of Phlegm	1
Friday, June 12 with Dr. Nate Heilman and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	
8:30 am - 9:45 am	Acupuncture, Pulse and Tongue Lab (Practice Arriving at a Chinese Medical Diagnosis and Treatment Plan)	1.25
10:00 am - 11:15 am	Herbs that Transform Damp Phlegm and Hot Phlegm (Physical Appearance, Taste and Function)	1.25
11:30 am - 12:30 pm	Formulas that Transform and Dispel Phlegm (History, Design and Use)	1
12:30 pm - 2:00 pm	Lunch offered by Therese (<i>vegetarian and gluten free options</i>) and Free Time	
2:30 pm - 3:30 pm	Liver Qi Moving Formulas	1
3:45 pm - 4:45 pm	Introduction to Commonly Used Harmonizing Formulas	1
5:00 pm - 6:00 pm	Correlating Acupuncture with Herbal Prescription: Channels and Points that move stagnant Phlegm and Qi, as well as Harmonize the Body	1
Saturday, June 13 with Dr. Nate Heilman and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	

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8:30 am - 9:45 am	Herbs that Calm the Liver and Extinguish Wind Physical Appearance, Taste and Function	1.25
10:00 am - 11:15 am	Formulas that Extinguish Liver Wind and Calm the Shen (History, Design, Use)	1.25
11:15 am - 12:30 pm	Herbs that Relieve Coughing and Wheezing and Stabilize and Bind the Vital Substances (Physical Appearance, Taste and Function)	1.25
12:30 pm - 2:00 pm	Lunch	
2:00 pm - 4:00 pm	Acupuncture, Pulse and Tongue laboratory (Practice Arriving at a Chinese Medical Diagnosis and Treatment Plan)	2
4:15 pm - 6:00 pm	Review of Module 2, Assignments, Case Questions	1.75
6:00 PM	Dinner Out (Off Site)	
Total for Module 2		28
Module 3		
Wednesday, July 15 with Dr. Nate Heilman and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	
8:45 am - 9:45 am	Review of Module 1 and 2	1
10:00 am - 11:00 am	Student Case Presentations and Case Questions	1
11:15 am - 12:30 pm	Correlating Acupuncture and Herbal Prescription: Six Conformations Representation of the Tai Yang (small Intestine & Urinary Bladder)	1.25
12:30 pm - 2:00 pm	Lunch	
2:00 pm - 3:45 pm	Acupuncture, Pulse and Tongue laboratory (Practice Arriving at a Chinese Medical Diagnosis and Treatment Plan)	1.75
4:00 pm - 5:00 pm	Correlating Acupuncture and Herbal Prescription: Six Conformations Representation of the Shao Yin (Kidney & Heart and channels)	1
5:15 pm - 6:15 pm	Astringent Formulas that Stabilize and Bind (History, Design, Use)	1
Thursday, July 16 with Dr. Nate Heilman and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	
8:30 am - 9:45 am	Food Therapy: A Review of Essential Nutrients in the Diet	1.25
10:00 am - 11:00 am	Food Therapy: Introduction to Food Energetics	1

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11:15 am - 12:30 pm	Food Therapy: Commercial Diets and their Chinese Medical Effects	1.25
12:30 pm - 2:00 pm	Lunch	
2:00 pm - 3:45 pm	Acupuncture, Pulse, Tongue Laboratory Practice Arriving at a Chinese Medical Diagnosis and Treatment	1.75
4:00 pm - 5:00 pm	Understanding Supplements and their Energetic Effects.... ... Through the lens of Chinese medicine.	1
5:15 pm - 6:00 pm	Herbs to Improve the Power of Digestion Formulas to Optimize Digestion and Regulate Peristalsis	0.75
Friday, July 17 with Dr. Nate Heilman and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	
8:30 am - 9:45 am	Blood Moving Herbs (Lab and Lecture; Physical Appearance, Taste, and Function) (Heilman)	1.25
10:00 am - 11:00 am	Blood Moving Herbs (Lab and Lecture; Physical Appearance, Taste, and Function) (Heilman)	1
11:15 am - 12:30 pm	Formulas that Invigorate Blood and Remove Blood Stasis (History, Design, Use) (Heilman)	1.25
12:30 pm - 2:00 pm	Lunch	
2:00 pm - 4:00 pm	Acupuncture, Pulse, Tongue Laboratory (Practice arriving at a Chinese Medical Diagnosis); (Heilman)	2
4:00 pm - 5:00 pm	Herbs which Stop Bleeding (Lab and Lecture: Physical Appearance, Taste, Function) Formulas which Stop Bleeding (History, Design, Use) (Heilman)	1
5:10 pm - 6:00 pm	Addressing Blood Stasis Tumors using Chinese Herbal Formulas (Heilman)	0.75
Saturday, July 18 with Dr. Nate Heilman and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	
8:30 am - 9:30 am	Exterior Releasing Herbs (Wind Cold Releasing Herbs) (Lab and Lecture; Physical Appearance, Taste, Function) (Marsden)	1
9:45 am - 10:45 am	Exterior Releasing Herbs (Wind Heat Releasing Herbs) (Lab and Lecture; Physical Appearance, Taste, Function) (Marsden)	1

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11:00 am - 12:30 pm	Wind Cold and Wind Heat releasing Formulas	1.5
12:30 pm - 2:00 pm	Lunch	
2:00 pm - 3:00 pm	Heat Clearing Herbs (Lab and Lecture; Physical Appearance, Taste, Function) (Heilman)	1
3:15 pm - 4:30 pm	Heat Clearing Herbal Formulas (History, Design, Use) (Heilman)	1.25
4:45 pm - 6:00 pm	Correlating Acupuncture and Herbal Prescription: Six Conformations Representation of the Pericardium, Triple Heater and Channels (Heilman)	1.25
6:00 PM	Dinner Out (Off Site)	
Total for Module 3		28.25
Module 4		
Wednesday, August 5 with Dr. Steve Marsden and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	
8:30 am - 9:45 am	Chinese Medicine Principles: Yin and Yang, the Eight Principles, Four Levels and Six Conformations (Six Layers)	1.25
10:00 am - 11:15 am	Chinese Medicine Principles: Yin and Yang, the Eight Principles, Four Levels and Six Conformations (Six Layers)	1.25
11:30 am - 12:30 pm	Chinese Medicine Principles: Yin and Yang, the Eight Principles, Four Levels and Six Conformations (Six Layers)	1
12:30 pm - 2:00 pm	Lunch	
2:00 pm - 3:15 pm	Chinese Medicine Principles: Yin and Yang, the Eight Principles, Four Levels and Six Conformations (Six Layers)	1.25
3:30 pm - 4:45 pm	Chinese Medicine Principles: Yin and Yang, the Eight Principles, Four Levels and Six Conformations (Six Layers)	1.25
5:00 pm - 6:00 pm	Chinese Medicine Principles: Yin and Yang, the Eight Principles, Four Levels and Six Conformations (Six Layers)	1
Thursday, August 6 with Dr. Steve Marsden and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	

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8:30 am - 9:45 am	Continuing on with discussion of the Six Conformations: Questions?	1.25
10:00 am - 11:15 am	Pulse Lecture: Interpreting the pulse and pulse response to acupuncture	1.25
11:30 am - 12:30 pm	Pulse Lecture: Interpreting the pulse and pulse response to acupuncture	1
12:30 pm - 2: 00 pm	Lunch	
2:00 pm - 3:15 pm	Pulse lab: Treating patients with Drs. Marsden and Heilman	1.25
3:30 pm - 4:45 pm	Pulse lab: Treating patients with Drs. Marsden and Heilman	1.25
5:00 pm - 6:15 pm	Pulse lab: Treating patients with Drs. Marsden and Heilman	1.25
Friday, August 7 with Dr. Steve Marsden and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	
8:30 am - 9:45 am	Treating Neurologic Conditions using Herbal Medicine (Marsden)	1.25
10:00 am - 11:15 am	Treating Neurologic Conditions using Herbal Medicine (Marsden)	1.25
11:30 am - 12:30 pm	Treating Musculoskeletal Conditions using Herbal Medicine (Marsden)	1
12:30 pm - 2: 00 pm	Lunch	
2:00 pm - 3:15 pm	Treating Musculoskeletal Conditions using Herbal Medicine (Marsden) (Practice arriving at a Chinese Medical Diagnosis) (Marsden)	1.25
3:30 pm - 5:00 pm	Treating Musculoskeletal Conditions using Herbal Medicine (Marsden)	1.5
5:10 pm - 6:30 pm	Treating Musculoskeletal Conditions using Herbal Medicine (Marsden)	1.25
Saturday, August 8 with Dr. Steve Marsden and Therese Fafard		
Time	Title	IVAS CE
7:15 am - 7:30 am	Arrival , get settled, Tea, Coffee, Juice, Water	
7:30 am - 8:00 am	Tai Chi and Qi Gong Breathing	0
8:00 am - 8:30 am	Breakfast and Visiting	
8:30 am - 9:45 am	Treating Skin conditions using Herbal Medicine (Marsden)	1.25
10:00 am - 11:15 am	Treating Skin conditions using Herbal Medicine (Marsden)	1.25
11:30 am - 12:30 pm	Treating Skin conditions using Herbal Medicine (Marsden)	1
12:30 pm - 2:00 pm	Lunch	
2:00 pm - 3:15 pm	Treating Cancer using Herbal Medicine (Marsden)	1.25

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3:15 pm - 4:30 pm	Treating Cancer using Herbal Medicine (Marsden)	1.25
4:45 pm - 6:00 pm	Review and closing remarks of the course.	1.25
6:00 PM	Celebratory Dinner Out (Off Site)	
Total for Module 4		29

Total IVAS CE Awarded	114.25
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