

Nell J. Ostermeier, DVM, CVA, FAAVA



Dr. Nell Ostermeier grew up on a small farm in Central Illinois and graduated from the University of Illinois in 2004. At that time, she had no idea that veterinary acupuncture would become such a big part of her career. Nell moved to the West Coast and, along with her husband Preston, founded a small companion animal/exotic companion animal hospital in Portland, Oregon and she began integrating acupuncture into practice while becoming certified through the IVAS course in 2010. The results of integrative medicine made such a positive impact on her patients and her practice, that Nell wanted to work toward helping more veterinarians incorporate this amazing modality. She returned as a TA to the IVAS program in 2014, then became the small animal lab coordinator, an instructor and is now the course coordinator for the IVAS U.S. course. One of her most proud moments was receiving the IVAS volunteer of the year award in 2019.

Dr. Nell is the creator of People + Pet Integrative therapies, an entrepreneurial adventure that is the umbrella for her mobile and virtual integrative veterinary practice as well as her online continuing education program for veterinary acupuncturists. Her mission is to make acupuncture more accessible to veterinarians and animals worldwide.