Garry trained as a veterinarian at Onderstepoort in the Republic of South Africa and moved to the UK on qualifying and practiced small animal medicine. After several years he was at a crossroads in his career; does he specialise in small medicine or work with another species? Garry elected to start a horse practice and developed a preventative health plan where his clients paid him a monthly fee to keep the horses healthy. Solving the health problems on a herd health approach led to a massive reduction in Colic and controlling the results of trauma.

The third health problem allergies and autoimmune disease led him in to study Traditional Chinese Medicine and Acupuncture. Simply because the use of steroids in horses was not possible. Thus, an IVAS congress in Vienna led to training and becoming Human acupuncturist and patent herbalist.

Still perplexed by allergies and autoimmune disease Garry studied TCM and acupuncture for 16 years before finally concluding that neither Western medicine nor Chinese medicine could resolve allergies. Hence, he began his study of Physics and created his own medical model the EM Balance method which is based on diagnosing the sick channel in the Body, Mind and Soul/Consciousness. Treatment involves acupuncture with the TC laser to balance the sick channel and prescribing music of the sick channel and pattern of illness to be listened to by the patient. Results are instantaneous. The EM Balance method is an acupuncture method for internal illness of the body and mind as opposed to the Balance method for PAIN for musculoskeletal disorders.