

Ann-Marie Aumann, DVM CVA CVCH

Ann-Marie Aumann DVM CVA CVCH is an equine sports medicine veterinarian specializing in acupuncture and TCVM. She grew up in Massachusetts, obtained her BA in Economics from Calvin College in Michigan, and worked in market consulting before attending Western University of Health Sciences for her DVM. She completed her CVA from the Chi Institute as a fourth year student and has incorporated acupuncture in her equine hospital internship at Pacific Crest Equine and while working as an associate for the sports medicine practice San Dieguito Equine Group. Dr. Aumann established Del Dios Veterinary Acupuncture as a specialty practice to hone her skills as an acupuncturist and TCVM practitioner, taking additional advanced acupuncture courses, and obtaining her herbalist certification from the Chi Institute. She has lectured at veterinary colleges on acupuncture on behalf of the Chi Institute and has orchestrated AAVA/IVAS sponsored acupuncture wet labs. She currently serves on the AAVA Conference Committee and AAVA Online CE committee and was recently selected to serve on the AAVA Board of Directors for a two year term. Other organization memberships include CVMA, AVMA, AAEP, AHVMA, and IVAS. During her full-time acupuncture practice she frequently hosts and teaches veterinarians and veterinary students while they pursue their hours required for CVA certification. Her practice is located primarily in California, with satellite practices in Florida and Michigan. In her free time she enjoys riding, travelling, and spending time near the water.

Restraint for Equine Acupuncture Appointments
Presented by Ann-Marie Aumann, DVM, CVA, CVCH

Standard operating procedures for equine restraint are often part of the curriculum at veterinary technician programs and inevitably part of on-the-job training; however, alternative medicine appointments have a few additional demands that require increased horsemanship of both the veterinarian and veterinary technician. Conventional veterinary work often applies stress and increases fight-or-flight response in horses. While standard physical and chemical restraints are often necessary for both patient and practitioner safety, the resulting increased sympathetic tone of the patient may affect the neuroendocrine benefits of acupuncture treatment. Ideal equine acupuncture treatments rely on little to no chemical restraint (sedation). Thus, restraining a horse for acupuncture treatment requires handlers to have increased finesse and awareness of equine behavior. This talk will focus on the veterinary technician and will cover equine body language basics, equine physical restraint techniques, distraction techniques, and situation management for safe and effective appointments.

Learning Objectives:

- 1) To provide safe and calm handling for equine acupuncture treatment
- 2) To review equine body language basics and learn tips for safe and effective acupuncture appointments.