

## INVITATION to



college of integrative veterinary therapies

### 3-day course in Veterinary Western Herbal Medicine in Norway

The course is open for *all* veterinarians; for those of you already using Western Herbal Medicine and also for colleagues looking for an opportunity to start incorporating herbs in their practice!

#### Time and place:

Friday 24th May – Sunday 26th May 2019, at Sundvolden hotel see: [www.sundvolden.no](http://www.sundvolden.no)

#### Your teachers:

Dr Barbara Fougère (BH), BSc BVMS (Hons), BHSc (Comp Med), MODT, MHSc (Herb Med), CVA (IVAS), CVBM, CVCP, CMAVA  
Dr Shelley Doxey (SD), BVetMed (Hons), MSc, BSc, MRCVS, GDVWHM  
Dr Astri Hagenlund (AH), DVM, CVA, Grad.dipl.Veterinary Western Herbal Medicine

Lectures will be held in English

#### Accommodation:

- See hotel's homepage for information.
- Make sure to book your own hotel-rooms directly with the hotel!!! Use reference code 2654096, or contact Mr. Magnus Karlsen.
- Bed/breakfast single room: NOK 795,-
- Bed/breakfast per person in double room: NOK 595,-

Your hotel-rooms and travel are not included in the course-fee.

#### How to get there:

There is a direct bus from Gardermoen, Oslo airport, to the hotel: Askeladden buss. Price return ticket is approximately NOK 500,-

#### Registration and course fee:

Register on e-mail to course arranger Astri Hagenlund [astri.ha@online.no](mailto:astri.ha@online.no) with your name, address, tel.no, e-mail, CIVT- member or not. Please let us know if you have previous herbal education/courses/experience.

**Registration at the latest: March 15<sup>th</sup>!!!**

**The course fee includes: lectures and lecture-notes, herb labs, herb walks, tea-coffee/break-snacks and lunch Friday, Saturday and Sunday.** Pay to: Astri Hagenlund (for CIVT), Eiksstubben 18, 1359 Eiksmarka, Norway- Nordea bank, Norway: account 6206.12.85046 IBAN NO2262061285046

Paying before 1<sup>st</sup> March: CIVT- members: NOK 9000 / \$ 1055 / € 925  
Non-members: NOK 9900 / \$ 1155 / € 1015

Paying after 1<sup>st</sup> March: CIVT- members: NOK 9900 / \$ 1155 / € 1015  
Non-members: NOK 10800 / \$ 1260 / € 1108

**NB 1:** CIVT-members and/or veterinary herbalists

coming for the advanced lectures (and lunch) ONLY on Sunday 26<sup>th</sup> : NOK 3500 / \$ 410 / € 360

**NB 2:** Signing up for ONLY lectures and labs on Friday 24<sup>th</sup> + Saturday 25<sup>th</sup>: NOK 7000 / \$ 820 / € 720

**NB 3:** Participants that sign up for further courses with CIVT will get a rebate of NOK 3000 towards Certification or the Graduate Diploma in Western Veterinary Herbal Medicine.

Pay to: (don't forget to write your name!)

## AGENDA

### Weekend Aims

Two days with introductory to intermediate lectures, theory and practice, and the evidence base and science of Veterinary Western Herbal Medicine; followed by advanced classes on the Sunday (these assume a basic knowledge as dosing will not be discussed). Advanced classes on Sunday 26<sup>th</sup> will be of *special* interest to those already practicing herbal medicine, but the classes can be followed by everyone on the course!!!

### Friday, May 24<sup>th</sup>

08.00 – 08.30	Registration
08.30 – 09.30	History of Western Veterinary Herbal Medicine - from Scandinavian perspective
09.30 – 10.30	Herbal medicine terminology and clinical application
10.30 – 11.00	Break
11.00 – 12.00	Herbal Monographs Materia Medica – relevant herbs
12.00 – 13.00	Evidence based herbal medicine and research
13.00 – 14.00	LUNCH
14.00 – 16.00	Herb walk
16.00 – 17.30	Herb lab; making ointments and creams

### Saturday, May 25<sup>th</sup>

08.30 – 09.30	Dosing principles and herb/drug interactions
09.30 – 10.30	Principles of herbal treatment and formulating
10.30 – 11.00	Break
11.00 – 12.00	Materia medica – relevant herbs
12.00 – 13.00	Acute care for minor conditions
13.00 – 14.00	LUNCH
14.00 – 15.30	Making teas and clinical applications
15.30 – 16.30	Getting started – clinical cases

### Sunday, May 26<sup>th</sup>

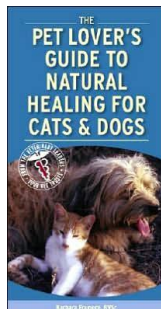
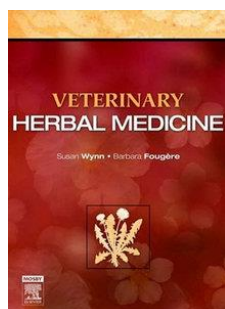
#### Master Class

09.00-10.00	Phytomedicine for cancer prevention and multidrug resistance
10.00-11.00	Herbal Medicine for Diabetes and pancreatic disease
11.00-11.30	Break
11.30-12.30	Herbal medicine for Cardiovascular disease
12.30-13.30	Lunch
13.30-14.30	Herbal medicine for Gastrointestinal disease
14.30-15.30	Herbal medicine for Urolith treatment and prevention
15.30-16.00	Sources of herbal knowledge and experience

# WELCOME TO NORWAY ☺

## About the lecturers

Dr Barbara Fougère



Dr Barbara Fougere is a 1986 graduate from Murdoch University Veterinary School Western Australia. She practices in Sydney Australia, exclusively in veterinary integrative medicine. She has served on the Australian Veterinary Association Policy Council, Therapeutic Advisory Committee, Feline Health Research Fund and has held positions as President of the Australian Veterinary Acupuncture, President of the Veterinary Botanical Medicine Association, House of Delegates IVAS and President for IVAS and is one of the first veterinarians to be certified in Veterinary Botanical Medicine worldwide. She is currently the chairperson for the American College Veterinary Botanical Medicine. She holds a Masters degree in herbal medicine and a bachelors degree in Complementary Medicine as well as a Masters in the field of education and training. She is a member of the National Herbalists Association of Australia, Australian College of Nutrition and Environmental Medicine, AVA, AHVMA, VBMA and IVAS . She is also holds qualifications in veterinary acupuncture, spinal integration and other therapies and has authored Healthy Dogs a Manual of Natural Therapies (2003), The Pet Lovers Guide to Natural healing for Cats and Dogs (2006) and coauthored two veterinary texts Veterinary Herbal Medicine (2007) and Integrating Complementary Medicine into Veterinary Practice (2008). She was awarded the AHVMA Practitioner of the Year in 2010 and Educator of the Year in 2011.

Dr Shelley Doxey



Shelley Doxey BVetMed (Hons), BSc, MSc, MRCVS. Graduated from The Royal Veterinary College in 2002. She uses acupuncture, hydrotherapy and therapeutic exercise programmes and herbal medicine in her practice. Shelley is committee member of the British Association of Veterinary Herbalists and has a Graduate Diploma Veterinary Western Herbal Medicine from CIVT, she is the second veterinarian in the UK to have attained a postgraduate diploma in its use. She has taught for CIVT on two previous courses in the UK and brings a wealth of experience.

## Dr Astri Hagenlund



Graduated from Norwegian School of Veterinary Science in 1988. Certified Veterinary Acupuncturist – IVAS (International Veterinary Acupuncture Society) – IVAS Basic course 1998-99 in Norway. Western Herbal Medicine courses at Integrate.CPD, Oxfordshire, England from 2004 – 2007. Graduate Diploma Veterinary Western Herbal Medicine from CIVT – College of Integrative Veterinary Therapy, Sydney, Australia – Western Herbal Medicine; online-courses (8 modules) 2018. Canine Manipulation Therapy/Osteopathy-courses with Patricia Kortekaas, PT; 2006 – 2009, arranged by NoVAS. Astri has worked with small animals part time or full time ever since graduation from vet school, combined with large animal practice a few years and as veterinary inspector in Ministry of Agriculture. After working in various clinics, she founded AlternatiVet AS in 2004 with two colleagues. The clinic's main focus was alternative medicine and rehabilitation. Today she works at her own home-based clinic, mainly referred patients, concentrating on acupuncture, herbs, nutrition, behavior and manual therapy. She writes articles on herbs and herbal medicine for small animals, lectures and gives short herbal-courses for animal-owners. Astri was on the NoVAS board 2004 – 2018, with main responsibility as course arranger, including three IVAS/NoVAS basic courses.